

## LADY SCOTS CROSS COUNTRY

Week of Oct. 19<sup>th</sup>-24<sup>th</sup>

\*The Senior Ceremony has been rescheduled for Tuesday, December 1<sup>st</sup> at Norbuck Park starting at 4:15 p.m. All senior parents are invited to attend plus the entire team.

\*The calendar below is only for the athletes who will be practicing through the District Meet. Everyone else will get on a Google Meet at 2:40 p.m. each day (use the Google link on the Google Classroom). This is how attendance will be taken each day. The meetings will be short each day, so if you miss the meeting, you will be counted absent. Please let me know if you have any questions. Thank you - Coach Bailey

**Monday** - Oct. 26<sup>th</sup> - Practice 3:25 p.m.-4:45 p.m. @ Norbuck Park. Parents may pick you up at 4:50 p.m. If the weather doesn't cooperate, we may have to alter practice plans, so please be prepared for this. We may have to practice around 5:45 in the indoor. If we are outside, please wear appropriate clothing.

**Tuesday** - Oct. 27<sup>th</sup> - Practice 3:25 p.m.-4:45 p.m. @ Norbuck Park. Parents may pick you up at 4:50 p.m. If the weather doesn't cooperate, we may have to alter practice plans, so please be prepared for this. We may have to practice around 5:45 in the indoor. If we are outside, please wear appropriate clothing.

**Wednesday** - Oct. 28<sup>th</sup> - Team meeting at 6:30 a.m. underneath the stadium. **The meeting will be over by 7:00 a.m., so you can attend tutorials before school, during 8<sup>th</sup> period, and after school.** No practice after school.

**Thursday** - Oct. 29<sup>th</sup> - District 13-5A CC Meet. Varsity races @ 8:30 a.m. and JV races at 12:00 p.m. Everyone will ride the bus to the meet. After the Varsity awards' ceremony and team meeting, the Varsity will need to leave with their parents and be back in class by the beginning of 6<sup>th</sup> period. Please let Coach Bailey know by Monday at 5:00 p.m. if you do not have a ride home with your parents.

The JV can also leave with their parents after the JV awards' ceremony and team meeting. Please let Coach Bailey know by Monday at 5:00 p.m. if you are planning on riding the bus back to school. The JV will not go back to class.

**Friday** - Oct. 30<sup>th</sup> - **End of the 2<sup>nd</sup> 6 Weeks.** **Do not let your teammates down.** Varsity - Practice 3:25 p.m.-5:00 p.m. @ TP Hill. Parents may pick you up @ 5:05 p.m.

